

Preparing to Visit Your Doctor

Doctor's Name

Appointment Date & Time

PURPOSE OF VISIT

Explain fully any health issues:

Any additional difficulty breathing since your last visit?

Yes No

In general, would you say your health since your last visit has:

Improved Stayed the same Gotten Worse

MEDICATIONS

Prescription (include dosage information):

Nonprescription (include dosage information):

Oxygen Therapy (if applicable):

Date of last infusion (if applicable):

MEDICAL HISTORY

Major Surgeries or Transplants:

Known Allergies:

Family medical history of respiratory illness:

Do you smoke? (If yes, ask your doctor about helping you quit.)

Yes No

Have other family members been tested for AAT Deficiency? (If no, ask your doctor about testing family members.)

Yes No

Do you exercise regularly?

Yes No

Other Concerns:

Visit us anytime at www.Alpha1Health.com. We're your resource for all AAT deficiency related information.